

1 Week Dinner Plans

Day 1

Chicken Skewers with rice and frozen stir fry veggies

Day 2

Salsa chicken (salsa, sour cream, cheese, etc.)

Day 3

Coconut Shrimp with French Fries and Salad

Day 4

Crock-pot chicken with mushrooms and mushroom soup with Rice and Green Beans

Day 5

Frozen Lasagna with Broccoli and French Bread

Day 6

Chili (made with hamburger meat, etc.) with Corn Bread

Day 7

Breakfast for dinner—French Toast, Scrambled Eggs, Sausage